



**Skate  
NL**

**Agnes Thistle Invitational 2022**

**Friday, November 11th - Sunday, November 13th**

**Gander, NL**

**Friday, November 11th - Day 1**

Time	Category	# of Warm-Ups	Warm-Up Time	Category Duration
8:00 AM	STAR 5 Women Artistic (8)	1	4 minutes	40 minutes
8:40 AM	STAR 7 Women Artistic (9)	2	4 minutes	45 minutes
9:25 AM	STAR 9 Women Artistic (9)	1	4 minutes	45 minutes
10:10 AM	Gold Artistic (4)	1	4 minutes	25 minutes
10:35 AM	STAR 4 Boys 13&Over (1)	2	4 minutes	60 minutes
	STAR 4 Girls 13&Over Group 1 (12)			
11:35AM	STAR 4 Girls 13&Over Group 2 (13)	2	4 minutes	60 minutes
12:35PM	FLOOD			15 minutes
12:50PM	STAR 4 Girls U10 (6)	1	4 minutes	30 minutes
1:20PM	STAR 5 Women U10 (1)	1	5 minutes	45 minutes
	STAR 5 Women U13 (4)			
	STAR 5 Men 13&Over (2)			
	STAR 5 Men U10 (1)			
2:05PM	STAR 7 Women Group 1 (14)	2	6 minutes	90 minutes
	STAR 7 Men (1)			
3:35PM	STAR 7 Women Group 2 (15)	2	6 minutes	90 minutes
5:05PM	STAR 9 Women (12)	2	6 minutes	75 minutes
6:20PM	FLOOD/BREAK			30 minutes
6:50PM	Pre Novice Women Short (10)	2	6 minutes	65 minutes
7:55PM	Pre Novice Men Short (2)	1	6 minutes	45 minutes
	Novice Men Short (1)			
	Novice Women Short (4)			
	Senior Women Short (1)			
8:40PM	STAR 6/7 Pattern Dance (1)	1	3 minutes	10 minutes
	STAR 6/7 Pattern Dance (2)	1	3 minutes	10 minutes
9:00PM	Pre Novice Pattern Dance 1 (1)	1	6 minutes	10 minutes
	Pre Novice Pattern Dance 2 (1)	1	6 minutes	10 minutes
<b>9:20PM</b>	<b>Finish Day 1</b>			



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**Saturday, November 12th - Day 2**

Time	Category	# of Warm-Ups	Warm-Up Time	Category Duration
8:00 AM	STAR 5 Women 13&Over Group 1 (13)	2	5 minutes	75 minutes
9:15 AM	STAR 5 Women 13&Over Group 2 (14)	2	5 minutes	80 minutes
10:35 AM	Pre Novice Pair Short (1)	1	6 minutes	10 minutes
10:45 AM	STAR 6 Men (1)	2	6 minutes	70 minutes
	STAR 6 Women Group 1 (9)			
11:55 AM	FLOOD			15 minutes
12:10 PM	STAR 6 Women Group 2 (10)	2	6 minutes	70 minutes
1:20 PM	STAR 8 Women (12)	2	6 minutes	80 minutes
2:40 PM	STAR 10 Women (6)	1	6 minutes	45 minutes
	Gold Women (1)			
3:25 PM	FLOOD			15 minutes
3:40 PM	Pre Juvenile Women U11 (11)	2	6 minutes	70 minutes
4:50 PM	Pre Juvenile Women U13 (4)	1	6 minutes	25 minutes
5:15 PM	Juvenile Women U12 (6)	1	6 minutes	35 minutes
5:50 PM	Juvenile Men U14 (1)	2	6 minutes	65 minutes
	Juvenile Women U14 (9)			
6:55 PM	FLOOD			15 minutes
7:10 PM	Pre Novice Free Dance (1)	1	5 minutes	10 minutes
7:20 PM	Pre Novice Women Free (9)	2	6 minutes	75 minutes
8:35 PM	Pre Novice Men Free (2)	1	6 minutes	45 minutes
	Novice Men Free (1)			
	Novice Women Free (4)			
	Senior Women Free (1)			
<b>9:20 PM</b>	<b>Finish Day 2</b>			



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**Sunday, November 13th - Day 3**

Time	Category	# of Warm-Ups	Warm-Up Time	Category Duration
8:00 AM	Pre Novice Pair Free	1	6 minutes	10 minutes
8:10 AM	STAR 4 Boys U13 (1)	2	4 minutes	60 minutes
	STAR 4 Girls U13 Group 1 (11)			
9:10 AM	STAR 4 Girls U13 Group 2 (11)	2	4 minutes	55 minutes
10:05 AM	STAR 4 Girls U13 Group 3 (12)	2	4 minutes	60 minutes
11:05 AM	Special Olympics Men Level 2	1	4 minutes	10 Minutes
11:15 AM	FLOOD			15 minutes
11:30 AM	STAR 3 Group 1 (7)	1	4 minutes	25 minutes
11:55 AM	STAR 3 Group 2 (7)	1	4 minutes	25 minutes
11:20 AM	STAR 3 Group 3 (7)	1	4 minutes	25 minutes
12:45 PM	STAR 3 Group 4 (7)	1	4 minutes	25 minutes
1:10 PM	STAR 3 Group 5 (7)	1	4 minutes	25 minutes
1:35 PM	STAR 3 Group 6 (8)	1	4 minutes	30 minutes
2:05 PM	FLOOD			15 minutes
2:20 PM	STAR 2 Group 1 (7)	1	3 minutes	25 minutes
2:45 PM	STAR 2 Group 2 (7)	1	3 minutes	25 minutes
3:10 PM	STAR 2 Group 3 (7)	1	3 minutes	25 minutes
3:35 PM	STAR 2 Group 4 (8)	1	3 minutes	30 minutes
4:05 PM	STAR 2 Group 5 (8)	1	3 minutes	30 minutes
4:35 PM	STAR 2 Group 6 (8)	1	3 minutes	30 minutes
<b>5:05 PM</b>	<b>Finish Day 3</b>			