



**Skate
NL**

**2023 Skate Canada NL Sectional Championships
December 9-10, 2022**

Friday, December 9 - Practice Schedule

10:30 - 10:45	PreNovice Pair	1
10:45 - 11:00	PreNovice Pattern Dance	1
11:00 - 11:15	PreNovice Free Dance	1
11:15 - 11:30	PreNovice Women (Start Order 1-6)	6
11:30 - 11:45	PreNovice Women (Start Order 7-10)/Men	6
11:45 - 12:00	Novice Women/Men	6

Friday, December 9 - Competition Schedule

Time	Category	#	time	Length
12:00 - 12:15	FLOOD			
12:15 - 12:25	PreNovice Pair Short	1	6mins	10mins
12:25 - 12:32	PreNovice Pattern Dance - Rocker	1	3mins	7mins
12:32 - 12:40	PreNovice Pattern Dance - Killian	1	3mins	8mins
12:40 - 12:45	STAR 6/7 Pattern Dance - Fiesta	1	3mins	5mins
12:45 - 12:50	STAR 6/7 Pattern Dance - Foxtrot	1	3mins	5mins
12:50 - 12:57	Juvenile Pattern Dance - Fiesta	1	3mins	7mins
12:57 - 1:05	Juvenile Pattern Dance - Foxtrot	1	3mins	8mins
1:05 - 1:20	Special O Level 3 Women/Level 2 Men	2	5mins	15mins
1:20 - 2:00	STAR 4 U10 Girls	7	4mins	40mins
2:00 - 3:05	STAR 9 Women	10	6mins 2 warm ups	65mins
	STAR 9 Men	1		
3:05 - 3:20	FLOOD			
3:20 - 5:15	STAR 7 Women	19	6mins 3 warm ups	115mins
	STAR 7 Men	1		
5:15 - 5:30	FLOOD			
5:30 - 5:40	PreNovice Free Dance	1	6mins	10mins
5:40 - 6:55	PreNovice Women Short	10	6mins	75mins
6:55 - 7:20	PreNovice Men Short	2	6mins 1 warm up	25mins
	Novice Men Short	1		
7:20 - 8:00	Novice Women Short	5	6mins	40mins
8:00pm	End of Friday Competition			



**Skate
NL**

**2023 Skate Canada NL Sectional Championships
December 9-10, 2022**

Saturday, December 10 - Practice Schedule

8:00 - 8:15	PreNovice Pair	1
8:15 - 8:30	PreNovice Women (Start Order 7-10)/Men	6
8:30 - 8:45	PreNovice Women (Start Order 1-6)	6
8:45 - 9:00	Novice Women/Men	6

Saturday, December 10 - Competition Schedule

Time	Category	#	time	Length
9:00 - 9:15	FLOOD			
9:15 - 9:40	STAR 5 U10 Girls	2	5mins	25mins
	STAR 5 U10 Boys	1	1 warm up	
9:40 - 11:05	STAR 6 Women	15	6mins	85mins
11:05 - 11:20	STAR 6 Men	2	6mins	15mins
11:20 - 12:25	STAR 8 Women	11	6mins	65mins
12:25 - 12:40	FLOOD			
12:40 - 1:10	STAR 10 Women	5	6mins	30mins
1:10 - 1:30	Gold Women	2	6mins	20mins
	STAR 10 Men	1	1 warm up	
1:30 - 1:40	Juvenile Free Dance	1	6mins	10mins
1:40 - 1:50	PreNovice Pairs Free	1	6mins	10mins
1:50 - 2:45	PreJuvenile Women U11	8	6mins	55mins
2:45 - 3:40	PreJuvenile Women U13	8	6mins	55mins
3:40 - 4:20	Juvenile Women U12	6	6mins	40mins
4:20 - 4:35	FLOOD			
4:35 - 5:30	Juvenile Women U14	8	6mins	55mins
5:30 - 5:40	Juvenile Men U14	1	6 mins	10mins
5:40 - 6:55	PreNovice Women Free	10	6mins	85mins
6:55 - 7:20	Novice Men Free	1	6mins	25mins
	PreNovice Men Free	2	1 warm up	
7:20 - 8:00	Novice Women Free	5	6mins	40mins
8:00pm	End of Competition			