

**2023 SCNL Provincial Synchronized Skating Championships (CBS Arena, CBS, NL)**

<b>Friday March 10, 2023</b>										
<b>TEAM NAME</b>	<b>REPRESENTING</b>	<b>Warm up</b>	<b>ROOM #</b>	<b>ENTER ROOM</b>	<b>LEAVE TO ICE</b>	<b>ON ICE</b>	<b>OFF ICE</b>	<b>EXIT ROOM</b>		
<b>STAR 4 CHAMPIONSHIP</b>										
1. Everblades	CBS Skating Club	4:15 (Area 1)	2	4:40 PM	4:55 PM	5:00 PM	5:06 PM	5:16 PM		
2. Silver Sparkles	Silver Blades (NL) SC	4:20 (Area 2)	3	4:46 PM	5:01 PM	5:06 PM	5:11 PM	5:21 PM		
3. TP Flames	Trinity Placentia FSC	4:25 (Area 3)	4	4:51 PM	5:06 PM	5:11 PM	5:17 PM	5:27 PM		
4. Synergy Alphabet	Prince of Wales SC	4:30 (Area 4)	5	4:57 PM	5:12 PM	5:17 PM	5:22 PM	5:32 PM		
5. Gateway Gliders	Port aux Basques FSC	4:35 (Area 1)	6	5:02 PM	5:17 PM	5:22 PM	5:28 PM	5:38 PM		
<b>FLOOD</b>										
6. Ice Angels	Conception Bay North SC	4:55 (Area 2)	7	5:18 PM	5:33 PM	5:38 PM	5:44 PM	5:54 PM		
7. Synergy Circus	Prince of Wales SC	5:00 (Area 3)	2	5:24 PM	5:39 PM	5:44 PM	5:49 PM	5:59 PM		
8. Starlites	Mount Pearl-Paradise SC	5:05 (Area 4)	3	5:29 PM	5:44 PM	5:49 PM	5:55 PM	6:05 PM		
9. Dynamic Edges	Flying Blades FSC	5:10 (Area 1)	4	5:35 PM	5:50 PM	5:55 PM	6:00 PM	6:10 PM		
10. Ice Elites	Silver Jets SC	5:15 (Area 2)	5	5:40 PM	5:55 PM	6:00 PM	6:06 PM	6:16 PM		
11. Loop Lightning	Crystal Gliders SC	5:20 (Area 3)	6	5:46 PM	6:01 PM	6:06 PM	6:11 PM	6:21 PM		
<b>JUVENILE (STAR 6) FREE 1</b>										
<b>FLOOD</b>										
1. Everblades	CBS Skating Club	5:35 (Area 4)	7	6:01 PM	6:16 PM	6:21 PM	6:28 PM	6:38 PM		
2. Synergy	Prince of Wales SC	5:40 (Area 1)	2	6:08 PM	6:23 PM	6:28 PM	6:35 PM	6:45 PM		
3. Starlites	Mount Pearl-Paradise SC	5:45 (Area 2)	3	6:15 PM	6:30 PM	6:35 PM	6:41 PM	6:51 PM		
4. Silver Shadows	Silver Blades (NL) SC	5:50 (Area 3)	4	6:21 PM	6:36 PM	6:41 PM	6:48 PM	6:58 PM		
<b>PRE-NOVICE (STAR 8) FREE 1</b>										
<b>FLOOD</b>										
1. Gateway Gliders	Port aux Basques FSC	6:10 (Area 4)	5	6:38 PM	6:53 PM	6:58 PM	7:05 PM	7:15 PM		
2. Silver Elites	Silver Blades (NL) SC	6:15 (Area 1)	6	6:45 PM	7:00 PM	7:05 PM	7:11 PM	7:21 PM		
3. Ice Creams	Conception Bay North SC	6:20 (Area 2)	7	6:51 PM	7:06 PM	7:11 PM	7:18 PM	7:28 PM		
4. Starlites	Mount Pearl-Paradise SC	6:25 (Area 3)	2	6:58 PM	7:13 PM	7:18 PM	7:24 PM	7:34 PM		
<b>FLOOD</b>										
5. Synergy	Prince of Wales SC	6:50 (Area 4)	3	7:14 PM	7:29 PM	7:34 PM	7:41 PM	7:51 PM		
6. Everblades	CBS Skating Club	6:55 (Area 1)	4	7:21 PM	7:36 PM	7:41 PM	7:48 PM	7:58 PM		
7. TP Explosions	Trinity Placentia FSC	7:00 (Area 2)	5	7:28 PM	7:43 PM	7:48 PM	7:54 PM	8:04 PM		
8. Unity	Parc FSC	7:05 (Area 3)	6	7:34 PM	7:49 PM	7:54 PM	8:00 PM	8:10 PM		
<b>END</b>										
<b>HAVE A SAFE TRIP HOME</b>										