



## Practice Times Nova Scotia

12:20 - 12:40	Flood
12:40 - 1:00	NS STAR 7 & 9
1:00 - 1:20	NS Novice & Pre Novice Women & Gold
1:20 - 1:40	NS Juvenile, Pre Juvenile and STAR 5 U10 Women
1:40 - 1:50	Flood
1:50 - 2:10	NS STAR 10, 8 and 6 Women
2:10 - 2:30	NS ALL Men
2:30 - 2:50	NS STAR 5 U13 & O13 Women
2:50 - 3:00	Flood
3:00 - 3:20	All dances events
3:20 - 3:40	All pairs events