

**SKATE CANADA NEWFOUNDLAND AND LABRADOR  
ATLANTIC REGIONAL / ELIZABETH SWAN MEMORIAL SYNCHRO  
HOSTED BY: MOUNT PEARL PARADISE SKATING CLUB  
JANUARY 31 TO FEBRUARY 1, 2020  
PARADISE DOUBLE ICE COMPLEX - 1 SARAH DAVIS WAY, PARADISE**

***AS OF JANUARY 20 - Subject to Change***

<b>FRIDAY - JANUARY 31, 2020</b>		
<b>START TIME</b>	<b>EVENT</b>	<b># Entries</b>
5:00PM	OFFICIAL PRACTICE - INTERMEDIATE	3
5:30PM	OFFICIAL PRACTICE - OPEN	2
7:00PM	INTERMEDIATE FREE 1	3
7:30PM	OPEN FREE 1	2
7:46PM	END OF FRIDAY	

<b>SATURDAY - FEBRUARY 1, 2020</b>		
<b>START TIME</b>	<b>EVENT</b>	<b># Entries</b>
9:00 AM	BEGINNER 1	7
9:45 AM	BEGINNER 2	3
10:13 AM	ELEMENTARY	9
11:21 AM	PRE JUVENILE	5
11:58 AM	JUVENILE	4
12:20 PM	LUNCH BREAK	
1:00 PM	PRE NOVICE	8
2:04 PM	ADULT III	5
2:47 PM	ADULT II	6
3:36PM	ADULT I	4
4:06PM	INTERMEDIATE FREE 2	3
4:31PM	OPEN FREE 2	2
4:47PM	END OF SATURDAY	