

2022 SCNL Sectionals - Schedule

November 5-6, 2021

The Glacier, Mount Pearl

Time	Category	#	Warm Up time	Length
Friday, November 5, 2021				
11:00- 11:10	Pre-Novice Pair Short Program	1	6 mins	10 mins
11:10-11:30	Pre-Novice Dance Pattern Dance (1)	1	3 mins	20 mins
	Pre-Novice Dance Pattern Dance (2)	1	3 mins	
11:30-11:45	Pre-Juvenile Dance Pattern Dance (1)	1	3 mins	15 mins
	Pre-Juvenile Dance Pattern Dance (2)	1	3 mins	
11:45-12:00	FLOOD			
12:00-12:40	STAR 4 Girls U8	2	4 mins	40 mins
	STAR 4 Girls U10	5		
12:40-12:55	Special Olympics Women Level 3	1	6 mins	15 mins
	Special Olympics Men Level 2	1		
12:55-1:10	FLOOD			
1:10-1:50	STAR 5 Girls U10	2	6 mins	40 mins
	Pre-Juvenile Women U11	5		
1:50-2:40	Pre-Juvenile Women U13 (2 Warm-ups)	10	6 mins	50 mins
2:40-2:55	FLOOD			
2:55-3:20	Pre- Juvenile Men U13	1	6 mins	25 mins
	Juvenile Men	2		
3:20-3:40	Juvenile Women U12	2	6 mins	20 mins
3:40-4:55	Juvenile Women U15 (2 Warm-ups)	12	6 mins	75 mins
4:55-5:25	BREAK/FLOOD			
5:25-6:30	Pre-Novice Women Short (2 Warm-ups)	10	6 mins	65 mins
6:30-7:00	Pre-Novice Men Short	2	6 mins	30 mins
	Novice Women Short	2		
Saturday, November 6, 2021				
9:00-9:10	Pre-Novice Pair Free Program	1	6 mins	10 mins
9:10-9:30	Pre-Novice Dance Free Dance	1	6 mins	20 mins
	Pre-Juvenile Dance Free Dance	1		
9:30-10:40	Pre-Novice Women Free (2 Warm-ups)	10	6 mins	70 mins
10:40-10:55	FLOOD			
10:55-11:25	Pre-Novice Men Free	2	6 mins	30 mins
	Novice Women Free	2		

Friday Practice

8:00-8:15	Pre-Novice Pair	1
8:15-8:30	Pre-Novice & Pre-Juvenile Dance	2
8:30-8:45	STAR 4 Girls U8 & U10	7
8:45-9:00	Special Olympics Women Level 3 & Men Level 2	2
9:00-9:15	Pre-Juvenile Women U11 & STAR 5 Girls U10	7
9:15-9:30	Pre-Juvenile Women U13	10
9:30-9:45	Pre-Juvenile Men & Juvenile Men	3
9:45-10:00	Juvenile Women U12	2
10:00-10:15	Juvenile Women U15	12
10:15-10:30	Pre-Novice Women	10
10:30-10:45	Pre-Novice Men & Novice Women	4

Saturday Practice

7:45 - 8:00	Pre-Novice Pair	1
8:00 - 8:15	Pre-Novice & Pre-Juvenile Dance	2
8:15 - 8:30	Pre-Novice Women	10
8:30 - 8:45	Pre-Novice Men/Novice Women	4