



# **Skate Canada Newfoundland and Labrador**

## **2025 Provincial Skating Championships Weekend 3**

Local Volunteer Team: CBS Skating Club  
Sanctioned by: Skate Canada Newfoundland and Labrador

Conception Bay South, NL

March 15-16, 2025



**Skate  
NL**

# 2025 Skate NL Provincial Championships

## Weekend 3 - Announcement

**DATE:** March 15-16, 2025

**LOCATION:** Conception Bay South, NL **Ice Surface:** 200x85

**LOCAL VOLUNTEER TEAM:** CBS Skating Club

### ENTRY FEES:

Category	Discipline	Fee
STAR 6 & higher	Synchronized Skating	\$450 (per team) + \$43 per skater
Adult I, II, III	Synchronized Skating	\$450 (per team) + \$43 per skater
STAR 4	Synchronized Skating	\$250 (per team) + \$33 per skater
STAR 5, 7, 9, Gold, Gold OPEN	Artistic	\$108 *includes \$8 ODF

### Notes:

- All categories are subject to the availability of officials.
- Registration includes a digital action photo (Artistic) or team photo (Synchro) from Jared Reid Studios. Information on how to redeem the photo will be sent to participants following the Event.
- Synchro: The per skater fee should be paid in full for all skaters, for each team they skate on. Discounts are not given for skaters on multiple teams.

### ONLINE REGISTRATION:

Registration for all categories will take place on the Skate NL Registration website:

<https://skatenf.uplifterinc.com>. Methods of payment include: VISA, MasterCard and Discover Card. PrePaid VISA/MasterCard gift cards are also accepted.

**Registration Opens:** Tuesday, February 4, 2025, at NOON

**Registration Deadline:** Thursday, February 13, 2025 \*Late entries will NOT be accepted.

**SYNCRHO:** See Appendix A for detailed registration instructions. Registration will only be accepted from teams registered with Skate Canada for the current season. Clubs/Team Managers are responsible to ensure all skaters and teams are registered with Skate Canada before completing online registration.

### REFUND POLICY:

Synchro: Registration fees will be refunded only if the Event is not held or if the entry is withdrawn before the registration deadline. After the closing date of entries, there will be no refunds given, for any reason.

Artistic: Refund requests must be made by the registration deadline. After this date, all refunds require a medical note and are subject to a \$25 administration fee. Medical notes must be submitted within 14 days of the Event.

### AGE RESTRICTIONS:

Age is considered to be the age of the skater before July 1, preceding the Event.

### ASSESSMENT QUALIFYING DEADLINE:

Assessment requirements must be met at the time of online registration.

### SCHEDULE:

A schedule will be posted on the Skate NL website as soon as possible after the registration deadline.



### **MUSIC:**

All music must be submitted, as an MP3 file, electronically with online registration. ***Please ensure correct music files are uploaded.*** Music file changes and mislabeled music files will be charged a \$25 administrative fee. Skaters/Teams/Coaches should have a **USB** copy of music available at ice level, during the Event. CD's, phones, or other personal devices will **NOT** be accepted.

### **ARTISTIC MUSIC UPLOAD INFORMATION:**

- Music uploads **must** be named in the following format: **First Name Last Name - Category Program Type (ie: STAR 5 Artistic)**
- First and Last Name **must** match the athlete's name as written on their Uplifter profile.

### **SYNCHRO MUSIC UPLOAD INFORMATION:**

- Music uploads **must** be named in the following format: **Home Club – Category - Team Name**

### **PLANNED PROGRAM CONTENT SHEETS:**

Must be completed using the following survey, by the deadline for online registration:

**Synchro:** <https://skatecanada.wufoo.com/forms/r1ybrjrr0if7y40/>

**Artistic:** <https://skatecanada.wufoo.com/forms/s296pal0qazqn2/>

### **COACHES ACCREDITATION:**

Coaches must be a minimum of NCCP Regional Coach In-Training and be a current Professional Coaching Member of Skate Canada, in Good Standing.

### **SYNCHRO ADDITIONAL INFORMATION:**

- **On-Site Registration:** All teams, coaches, and team managers must register on-site. Only those skaters included in the original team numbers will be permitted to skate. No substitutions or additions are allowed. The number of allowable alternates on each team is four.
- **Team Managers and Chaperones:** All team managers and chaperones must be current Skate Canada registrants. Two coaches, one team manager, and two chaperones will be accredited. Coaches and one alternate (skater) will stand at the entrance to the ice, and the team manager and other alternates in the exit area (Kiss & Cry). The chaperones will be allowed in the dressing rooms ONLY and will not have access to ice level during competition (including Kiss & Cry).

### **MEDALS:**

Medals shall be awarded to the top three placements in each category. In a category where there are less than three entries, the number of medals awarded shall equal the number of entries. **Skaters must wear competition outfits and skates for all presentations.**

### **ACCIDENTS / LIABILITY:**

Skate Canada, the Newfoundland and Labrador Section, and the local volunteer team undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and management of the competitions and to release any and all claims they may have against the officials, the association, the Section, the Skate Canada, the volunteer team and against their officers and their entries shall be accepted only on these conditions.

***THIS ANNOUNCEMENT IS SUBJECT TO CHANGE***



## **Synchronized Skating Registration Instructions**

### **1. Set up an Account:**

- Go to the Skate Canada NL Registration website (<https://skatenf.uplifterinc.com>)
- Click “Login” at the top of the page.
- Follow the instructions under “First Time Registering?” OR login to an existing Skate Canada NL Uplifter team account.
- If creating a new account or adding a new team enter the following:
  - Email Address – Team managers will either:
    - Create a new profile with a unique email address for their team (RECOMMENDED)  
OR
    - Add the **team** as a new participant under an existing Skate Canada NL Uplifter profile (login and under “My Account” enter the team as a new participant)
    - **NOTE:** You should not add team members as individual participants
  - First Name – Enter the “Home Club”
  - Last Name – Enter the “Team Name”
  - If you have created a unique profile for your team, click on “I will be registering myself into programs”.
  - At the bottom of the page click “Yes” to subscribe to all message lists to receive important information/updates regarding the competition.
- Once you have set up the account, you will be brought back to the main page.

### **2. Complete Team and Skater Registration:**

- Click on the event name under the “Registration” tab
- Choose the category or under “Quick Search”, enter your category (ie: STAR 4)
- Click the “Register” button. A box will appear asking you to choose the participant for this program. Ensure this is the team’s name.
- Go to your “Shopping Cart” to complete the registration.
- Click on “Purchase Products” to add the Per Skater Registration.
- Under “Items for Purchase”, choose Synchro Skater Registration enter the number of skaters on the team in the “QTY” box, click “Add”
- In your Shopping Cart, proceed with payment. Note: You must accept all associated policies to proceed with the registration.
- After you have successfully completed the payment process, you will receive an electronic invoice via email.

If you have any questions regarding online registration, please contact Jennifer Osmond at [scnljennifer@sportnl.ca](mailto:scnljennifer@sportnl.ca).