

SKATE NL
2024 PROVINCIAL SYNCHRONIZED SKATING
CHAMPIONSHIPS
CBS ARENA, CBS, NL

	A	B	C	D	E	F	G	H	I	J	K
30	Saturday - March 15, 2025				Warm Up	ROOM	ENTER	LEAVE	ON	OFF	EXIT
31	TEAM NAME	REPRESENTING		Section		#	ROOM	TO ICE	ICE	ICE	ROOM
32											
33	STAR 6 FREE 1										
34	1. Synergy	Prince of Wales SC		NL	7:15(Area 1)	2	7:42 AM	7:55 AM	8:00 AM	8:07 AM	8:22 AM
35	2. Everblades	CBS Skating Club		NL	7:20(Area 2)	3	7:49 AM	8:02 AM	8:07 AM	8:14 AM	8:29 AM
36	3. Starlites	Mount Pearl Paradise SC		NL	7:25(Area 3)	4	7:56 AM	8:09 AM	8:14 AM	8:22 AM	8:37 AM
37	4. Silver Shadows	Silver Blades SC		NL	7:35(Area 4)	5	8:04 AM	8:17 AM	8:22 AM	8:29 AM	8:44 AM
38	STAR 8 FREE 1			FLOOD - 15 MINS				8:29 AM	8:44 AM		
39	1. Synergy	Prince of Wales SC		NL	8:00(Area 1)	6	8:26 AM	8:39 AM	8:44 AM	8:51 AM	9:06 AM
40	2. TP Explosions	Trinity Placentia FSC		NL	8:05(Area 2)	7	8:33 AM	8:46 AM	8:51 AM	8:57 AM	9:12 AM
41	3. Silver Elites	Silver Blades SC		NL	8:10(Area 3)	2	8:39 AM	8:52 AM	8:57 AM	9:04 AM	9:19 AM
42	4. Starlites	Mount Pearl Paradise SC		NL	8:20(Area 4)	3	8:46 AM	8:59 AM	9:04 AM	9:10 AM	9:25 AM
43	5. Everblades	CBS Skating Club		NL	8:25(Area 1)	4	8:52 AM	9:05 AM	9:10 AM	9:16 AM	9:31 AM
44	ADULT SYS III FREE 1			FLOOD - 15 MINS				9:16 AM	9:31 AM		
45	1. Ice Elites	Silver Jets SC		NL	8:45(Area 2)	5	9:13 AM	9:26 AM	9:31 AM	9:38 AM	9:53 AM
46	2. Central Blades	Fallsview SC		NL	8:50(Area 3)	6	9:20 AM	9:33 AM	9:38 AM	9:43 AM	9:58 AM
47	3. TP Rusty Edges	Trinity Placentia FSC		NL	9:00(Area 4)	7	9:25 AM	9:38 AM	9:43 AM	9:49 AM	10:04 AM
48	4. Crystal Ice	Crystal Gliders FSC		NL	9:05(Area 1)	2	9:31 AM	9:44 AM	9:49 AM	9:54 AM	10:09 AM
49	5. Ice Fusion	Conception Bay North SC		NL	9:10(Area 2)	3	9:36 AM	9:49 AM	9:54 AM	10:00 AM	10:15 AM
50	6. Starlites	Mount Pearl Paradise SC		NL	9:15(Area 3)	4	9:42 AM	9:55 AM	10:00 AM	10:05 AM	10:20 AM
51	ADULT SYS II FREE 1			FLOOD - 15 MINS				10:05 AM	10:20 AM		
52	1. Synergy	Prince of Wales SC		NL	9:35(Area 4)	5	10:02 AM	10:15 AM	10:20 AM	10:28 AM	10:43 AM
53	2. Starlites	Mount Pearl Paradise SC		NL	9:40(Area 1)	6	10:10 AM	10:23 AM	10:28 AM	10:34 AM	10:49 AM
54	3. Ice Storm	Conception Bay North SC		NL	9:45(Area 2)	7	10:16 AM	10:29 AM	10:34 AM	10:40 AM	10:55 AM
55	ADULT SYS I FREE 1			FLOOD - 15 MINS				10:40 AM	10:55 AM		
56	1. Synergy	Prince of Wales SC		NL	10:10(Area 3)	2	10:37 AM	10:50 AM	10:55 AM	11:03 AM	11:18 AM
57	2. Everblades	CBS Skating Club		NL	10:15(Area 4)	3	10:45 AM	10:58 AM	11:03 AM	11:09 AM	11:24 AM
58	3. Ice Infinity	Conception Bay North SC		NL	10:25(Area 1)	4	10:51 AM	11:04 AM	11:09 AM	11:15 AM	11:30 AM
59	4. Starlites	Mount Pearl Paradise SC		NL	10:30(Area 2)	5	10:57 AM	11:10 AM	11:15 AM	11:22 AM	11:37 AM
60	GOLD FREE 1			FLOOD - 15 MINS				11:22 AM	11:37 AM		
61	1. Everblades	CBS Skating Club		NL	10:55(Area 3)	6	11:19 AM	11:32 AM	11:37 AM	11:45 AM	12:00 PM
62	2. Starlites	Mount Pearl Paradise SC		NL	11:00(Area 4)	7	11:27 AM	11:40 AM	11:45 AM	11:53 AM	12:08 PM
63	3. Synergy	Prince of Wales SC		NL	11:05(Area 1)	2	11:35 AM	11:48 AM	11:53 AM	12:01 PM	12:16 PM
64	NOVICE FREE 1			FLOOD - 15 MINS				12:01 PM	12:16 PM		
65	1. Synergy	Prince of Wales SC		NL	11:30(Area 2)	3	11:58 AM	12:11 PM	12:16 PM	12:24 PM	12:39 PM
66	2. Starlites	Mount Pearl Paradise SC		NL	11:35(Area 3)	4	12:06 PM	12:19 PM	12:24 PM	12:30 PM	12:45 PM
67	OPEN FREE 1			5 MINUTE PANEL CHANGE				12:30 PM	12:35 PM		
68	1. Starlites	Mount Pearl Paradise SC		NL	11:50(Area 4)	5	12:17 PM	12:30 PM	12:35 PM	12:42 PM	12:57 PM
69		LUNCH BREAK 12:42 - 1:30		FLOOD				12:42 PM	1:30 PM		
70	STAR 6 FREE 2										
71	1			NL	12:45(Area 1)	6	1:12 PM	1:25 PM	1:30 PM	1:37 PM	1:47 PM
72	2			NL	12:50(Area 2)	7	1:19 PM	1:32 PM	1:37 PM	1:44 PM	1:54 PM
73	3			NL	12:55(Area 3)	2	1:26 PM	1:39 PM	1:44 PM	1:52 PM	2:02 PM
74	4			NL	1:05(Area 4)	3	1:34 PM	1:47 PM	1:52 PM	1:59 PM	2:09 PM
75	STAR 8 FREE 2			FLOOD - 15 MINS				1:59 PM	2:14 PM		
76	1			NL	1:30(Area 1)	4	1:56 PM	2:09 PM	2:14 PM	2:21 PM	2:31 PM
77	2			NL	1:35(Area 2)	5	2:03 PM	2:16 PM	2:21 PM	2:28 PM	2:38 PM
78	3			NL	1:40(Area 3)	6	2:10 PM	2:23 PM	2:28 PM	2:34 PM	2:44 PM
79	4			NL	1:45(Area 4)	7	2:16 PM	2:29 PM	2:34 PM	2:40 PM	2:50 PM
80	5			NL	1:55(Area 1)	2	2:22 PM	2:35 PM	2:40 PM	2:47 PM	2:57 PM
81	ADULT SYS III FREE 2			FLOOD - 15 MINS				2:47 PM	3:02 PM		
82	1			NL	2:15(Area 2)	3	2:44 PM	2:57 PM	3:02 PM	3:08 PM	3:18 PM
83	2			NL	2:20(Area 3)	4	2:50 PM	3:03 PM	3:08 PM	3:14 PM	3:24 PM
84	3			NL	2:25(Area 4)	5	2:56 PM	3:09 PM	3:14 PM	3:19 PM	3:29 PM
85	4			NL	2:30(Area 1)	6	3:01 PM	3:14 PM	3:19 PM	3:25 PM	3:35 PM
86	5			NL	2:40(Area 2)	7	3:07 PM	3:20 PM	3:25 PM	3:30 PM	3:40 PM
87	6			NL	2:45(Area 3)	2	3:12 PM	3:25 PM	3:30 PM	3:36 PM	3:46 PM
88	ADULT SYS II FREE 2			FLOOD - 15 MINS				3:36 PM	3:51 PM		
89	1			NL	3:05(Area 4)	3	3:33 PM	3:46 PM	3:51 PM	3:58 PM	4:08 PM
90	2			NL	3:10(Area 1)	4	3:40 PM	3:53 PM	3:58 PM	4:04 PM	4:14 PM
91	3			NL	3:15(Area 2)	5	3:46 PM	3:59 PM	4:04 PM	4:11 PM	4:21 PM
92	ADULT SYS I FREE 2			FLOOD - 15 MINS				4:11 PM	4:26 PM		
93	1			NL	3:40(Area 3)	6	4:08 PM	4:21 PM	4:26 PM	4:33 PM	4:43 PM
94	2			NL	3:45(Area 4)	7	4:15 PM	4:28 PM	4:33 PM	4:40 PM	4:50 PM
95	3			NL	3:55(Area 1)	2	4:22 PM	4:35 PM	4:40 PM	4:46 PM	4:56 PM
96	4			NL	4:00(Area 2)	3	4:28 PM	4:41 PM	4:46 PM	4:52 PM	5:02 PM
97	GOLD FREE 2			FLOOD - 15 MINS				4:52 PM	5:07 PM		
98	1			NL	4:20(Area 3)	4	4:49 PM	5:02 PM	5:07 PM	5:15 PM	5:25 PM
99	2			NL	4:25(Area 4)	5	4:57 PM	5:10 PM	5:15 PM	5:24 PM	5:34 PM
100	3			NL	4:25(Area 1)	6	5:06 PM	5:19 PM	5:24 PM	5:32 PM	5:42 PM
101	NOVICE FREE 2			FLOOD - 15 MINS				5:32 PM	5:47 PM		
102	1			NL	5:00(Area 2)	7	5:29 PM	5:42 PM	5:47 PM	5:54 PM	6:04 PM
103	2			NL	5:05(Area 3)	2	5:36 PM	5:49 PM	5:54 PM	6:00 PM	6:10 PM
104	OPEN FREE 2			5 MINUTE PANEL CHANGE				6:00 PM	6:05 PM		
105	1. Starlites	Mount Pearl Paradise SC		NL	5:15(Area 4)	3	5:47 PM	6:00 PM	6:05 PM	6:12 PM	6:22 PM
106	EXHIBITION - ISU ADULT										
107	1. Ice Inferno	Conception Bay North SC		NL	5:25(Area 1)	4	5:54 PM	6:07 PM	6:12 PM	6:20 PM	6:30 PM